Country: Puerto Rico

Visa:

- If you are not a US citizen, you will need to ask for an American visa because Puerto Rico is an American territory. You can apply for a Tourist Visa that is B-2.
- Travel with at least one 2 x 2 passport photo

Local Contact:

- You will be required to have a local name and address for each trip. Your team leader can give you this information.
- Keep this information with you when you travel. You will need it to pass through immigration at the airport.

Medical:

- No shots or immunizations are required to travel to Puerto Rico.
- You are encouraged to visit www.cdc.gov for the most up to date travel info.

• Clothes:

- o For Men:
 - Polo or button up shirts. Some churches will require jacket or long-sleeved shirt with a tie, if you are going to preach.
 - Khaki's, cargo pants or jeans are all acceptable.
 - Wear comfortable shoes. Tennis shoes, sandals, loafers are all common.

o For Women:

- It is common to use jeans or slacks, dresses or long skirts.
- Tops with short sleeves will be better because of the warm temperature and they are acceptable anywhere.
- Bring comfortable shoes; sandals or flip-flops. Tennis shoes are acceptable for women, too.
- Closed-toe shoes are acceptable and you will want them in cooler weather months.

• Make sure to check the local weather before you travel!

- Things to bring:
 - Refillable water purification bottle
 - We recommend this one: http://shop.camelbak.com/all-clear-bottle/d/1208
 - o Bug Spray
 - o Snacks such as protein bars, trail mix, candy bars, etc.
 - Umbrella (It may rain any time.)
- Have a copy of your itinerary for your return flight (with your name on it) and a copy of your travel insurance paperwork easily accessible (especially when traveling).
- Helpful information:
 - People in Puerto Rico speak very loudly; don't think they are fighting. It is just the way
 they are. They also can talk to you as if they have known you for a very long time. It is
 normal.