

Country: Venezuela

- **Visa:**
 - All US citizen must have a tourist visa to visit Venezuela
 - Expect to apply at least 3 months in advance
 - Check this Spanish website of the US Embassy in Venezuela for up to date information http://eeuu.embajada.gob.ve/index.php?option=com_content&view=article&id=35&Itemid=57&lang=es (The English website is not updated regularly)
 - Tourist visas are granted for multiple entries within one year for visits up to 90 days at a time.
- **Medical:**
 - Besides being up to date on shots recommended in the USA, the CDC suggests that all travelers to Venezuela have typhoid and a Hepatitis A vaccine.
 - <http://wwwnc.cdc.gov/travel/destinations/traveler/none/venezuela> visit this website for specific suggestions for different types of travelers.
- **Clothes:**
 - For Men: typical American clothing is acceptable,
 - For Women: modest American style clothing is the norm.
 - Take a least one pair of shower shoes as **well as** close toed shoes, going barefoot is frowned upon, even inside the house.
- ***Make sure to check the local weather before you travel! Anywhere in the world can be chilly! Venezuela often has a lot of bugs so even when it is hot you may want long pants to protect your legs from mosquitoes.***
- **Things to bring:**
 - Refillable water purification bottle
 - We recommend this one: <http://shop.camelbak.com/all-clear-bottle/d/1208>
 - Bug Spray
 - Snacks (protein bars, trail mix, candy bars, etc.).
 - Comfort food- something small that makes you feel at home can be really helpful when everything you are eating seems unfamiliar
- Have a copy of your itinerary of your return flight (with your name on it) and a copy of your travel insurance paperwork easily accessible (especially when traveling).