

Papua New Guinea (PNG):

- Visa:
 - While you can apply for a visa by sending your passport to the Papua New Guinea (PNG) Embassy, you might find it easier to just get in the line at the airport for Visa upon Entry.
 - There are also websites like www.travelvisapro.com which will charge you to do the leg work but could be useful if you are in a time crunch and don't want to stand in line when you land in PNG.
 - While you may not need them, it's good to travel with 1 or 2 passport photos.
 - Speaking of traveling, consider putting a copy of your passport photo page in each suitcase in case the suitcase is lost.
- PNG Contact:
 - You will be required to have a local name and address for each trip. Your team leader can get you this information.
 - Keep this information with you when you travel. You will need it to pass through immigration at the airport.
- Medical Information:
 - Immunizations are highly recommended to travel to the PNG.
 - Please review the CDC website for immunization, health information, and travel suggestions at <http://wwwnc.cdc.gov/travel/destinations/traveler/none/papua-new-guinea>
- Have a copy of your itinerary for your returning flight with your name on it and a copy of your travel insurance paperwork easily accessible.
- Check the average weather for the PNG at <http://www.weatherbase.com/weather/city.php3?c=PG>
- Clothes and weather vary from the highlands (Ukarumpa) to the coast (Alotau or Port Moresby).
 - For Men:
 - Polo or button up shirts.
 - Khaki's, cargo pants or jeans are all acceptable; shorts are NOT.
 - Wear shoes. Flip flops, sandals, loafers and tennis shoes are all common.
 - For Alotau specifically: locals remove their flip flops when entering their sleeping areas, workshop space, and dining area but kept on when shopping in town. Very useful info if you don't want to be fussing with your shoe laces or Velcro straps all the time.
 - For Women:
 - It is acceptable for one to wear slacks, pedal pushers, or long skirts that are mid-calf or lower. You might want shorts for lounging in your room but usually not in public.
 - Tops should be long enough to cover your hips.
 - Low cut, form-fitting or sleeveless tops are not culturally acceptable. Please only bring tops that have at least a cap sleeve or short sleeve.
 - Bring comfortable shoes; sandals or flip flops. Note in Alotau specifically: locals remove their flip flops when entering their sleeping areas, workshop space, and dining area but kept on when shopping in town. Very useful info if you don't want to be fussing with your shoe laces or Velcro straps all the time.
 - Closed toes shoes are acceptable and you will want them in the highlands if their weather is cooler. Check the weather link listed next.
- Check the local weather a couple weeks before you will arrive to see the 14-day forecast at <http://www.timeanddate.com/weather/papua-new-guinea>. This site also has a time and date calculator.
- Things to bring:

- Refillable sanitizing water bottle.
 - We recommend this one: <http://shop.camelbak.com/all-clear-bottle/d/1208>
- Bug spray.
- Snacks (protein bars, trail mix, candy bars, soft candies, etc). Chocolate melts.
- Tylenol/Aleve, Pepto-Bismol, Imodium, Vaseline, and other seldom used but useful when needed medications.
- Towel and washcloth although these will likely be supplied.
- Umbrella.
- A small Ziploc bag of laundry detergent in case you need to wash clothes.
- A rubber sink stopper/plug for bathroom sinks in order to shave or wash clothes.
- Small LED flashlight: a must!
- A small power strip (250v) is handy and electrical adapter is required.
- Do not bring 110 volt appliances, such as hairdryers, they will not work unless you also bring a "step down" transformer. See this website for more information:
<http://searchdatacenter.techtarget.com/definition/Electric-plugs-for-each-country>
- Helpful Information:
 - You will likely not have air conditioning but fans help along the coast using the sea breeze for cooling. If you will be in Ukarumpa or the highlands, check the weather to know if you will need a jacket.
 - There will probably be poor, intermittent internet connection and possible power outages. You should be able to communicate with people back home but it may not be instantaneous.
 - If you have an unlocked cell phone which will accept a SIM card, DIGICEL has the best cellular infrastructure. DIGICEL SIM cards can also be used in tablets to provide 3G or LTE connectivity.
 - PNG uses the "I" type electrical plug, also used in Australia and New Zealand. Here's a website with additional information: <http://searchdatacenter.techtarget.com/definition/Electric-plugs-for-each-country>