Chad:

Difficulty rating: 5 out of 5 (Extremely Difficult Trip)

- Visa:
 - You need 5 things to apply for a Chad visa. Using a visa service like Travel Visa Pro is highly recommended.
 - Valid Passport (valid up to six months after intended arrival to Chad)
 - 3 Passport style photos
 - Copy of Yellow Fever vaccination
 - Copy of round trip ticket (If you intend to stay longer than 30 days in Chad, Travel Visa Pro can make a false return ticket for a fee)
 - Letter of invitation
- Medical:
 - o Yellow Fever vaccination is required. Typhoid Fever vaccination is recommended.
 - YOU MUST BRING MALARIA MEDICATION WITH YOU. IT IS IN THE FORM OF A PILL THAT YOU CAN BE PRESCRIBED BY YOUR TRAVEL DOCTOR.
 - o You are encouraged to visit www.cdc.gov for the most up to date travel info.
- Clothes:
 - o For Men: Recommend light cotton or breathable material clothing.
 - Button down shirts (recommended short sleeves, sleeveless shirts are unacceptable)
 - Long pants, jeans or slacks (shorts are unacceptable when teaching or outside the compound)
 - o For Women:
 - Must wear skirts. They must cover your calves. When you sit, your knees should not be exposed
 at all.
 - Blouses or shirts must cover chest and stomach. Sleeveless shirts or blouses are unacceptable.
 - Form fitting clothing is not acceptable and highly ill-advised due to the extreme heat. Light and flowy dresses, skirts, or shirts are a great way to stay cool.
 - Always wear something to cover your head. It's okay if some of your hair is showing. Hats or scarves to wrap around your head is great. If you don't know how to wrap your head, the local women love showing you how.
 - What is socially acceptable and expected footwear? Anything. Flip flops are useful, but not appropriate
 for teaching. Any decent sandals that can slip on and off are great. Be prepared for any shoes or clothes
 you bring to be completely ruined by the end of the trip.
- Make sure to check the local weather before you travel! Anywhere in the world can be chilly or <u>extremely</u>
 hot!
- Things to bring:
 - Sun screen/Bug spray (at least two cans of bug spray)
 - Baby wipes
 - o Emergency food (protein bars, trail mix, non-melt-able candy, etc).
 - A hat and sunglasses (the sun is very bright)
 - Refillable water purification bottle
 - We recommend this one: http://shop.camelbak.com/all-clear-bottle/d/1208
 - battery powered fan/extra batteries (a life-saver during the night)
 - flashlight/extra batteries

- Any medication you might need: Antibiotics like Ciprofloxacin, Malaria meds like Doxycycline. Benadryl, Pepto-Bismol, Anti-itch cream, Ibuprofin, Neosporin, Bandaids and any other First-Aid items are highly recommended.
- A travel size Febreeze can make a world of difference.
- o Dry packets of electrolyte building powder to put in your water when dehydrated
- o Small travel pillow
- o NO blow dryers, curling irons, straighteners
- Personal towel and washcloth
- o Rainy season time (between April and August) Ear plugs, umbrella, cheap flip flops

• General Information

- Have a copy of your itinerary of your return flight (with your name on it) and a copy of your travel insurance paperwork easily accessible (especially when traveling).
- o Please bring clothes that are light in color and made of cotton, linen or rayon
- You need to purchase your flight before you apply for your visa. Be sure to give your flight itinerary to your team lead to help coordinate flights with other team members.
- Please don't complain about the food. It's not everyone's favorite, but they are very gracious in providing plenty of food for us to eat. Please bring "emergency food." le: cliff bars, mixed nuts, peanut butter, etc.... as well as the right attitude about serving and not being served.